

NUTRITION EXPERIENCE LOG

(TAs complete weekly for each nutrition experience – not just food activities)

Program: _____

Date of Experience: _____

Reviewed / Approved by Teacher (date/initials): _____

1. Activity/Experience and purpose:

2. How will you integrate content/concepts through this nutrition experience in the following areas:

Vocabulary (examples: stir, mix, beat, bitter, sour, etc.)

Literacy-

Math-

Science-

3. Materials Needed:

4. Process: (Step/procedure – what teacher does, what child does)

5. Follow-up reflection: (Did the children gain an understanding of the purpose? How well did they participate, enjoy and learn from the activity? Changes needed to make the activity even more successful?)