

Required CACFP/DPI Child Meal Pattern Ages 3-5

Must **serve** the required components and serving sizes

CACFP/DPI requires Breakfast- 3 components

Milk	6 oz.
Vegetable or fruit	½ cup
Grain	½ oz eq

CACFP/DPI requires Lunch- 5 components

Milk	6 oz.
Meat/Meat alternative	1 ½ oz. eq
Vegetable	¼ cup
Fruit	¼ cup
Grain	½ oz eq

CACFP/DPI requires Snack- 2 components

(Reach Dane requires serving 3 components)

Milk	4 oz.
Vegetable or fruit	½ cup
Grain	½ oz eq