

Promoting Calm Through Your Environment

Children learn best in environments where they feel safe and secure. This course will explore ways to promote a calm program atmosphere in family child care. By supporting children's visual, auditory, tactile, and kinesthetic sensory systems, participants will create and maintain a more predictable, sensory-friendly environment. This course will also explore the impact of adult regulation on children's calmness and offer calming techniques to practice every day with a mixed-age group.

You will learn to...

- ✓ use universal support strategies to maintain a predictable, sensory-friendly environment.
- ✓ acknowledge the impact of adult regulation on children's emotional experience in early education settings.
- ✓ implement calming techniques to practice with infants, toddlers, and preschoolers every day.



July 16

6 – 8 pm

Zoom

2 hours of Registry credit

English & Spanish

Register here

